# STA International Swimming & Water Safety Standards — Baby Water Safety

# Starfish 2

Teacher _____ Class reference _____

Date/ time _____ Course runs from _____ to _____

| Pupil | Held baby facing you and sub-merged yourself in the water for baby to see | Enabled baby to move freely around the pool using the safety hold | Moved around the pool using the seat hold, bobbing baby up and down | Supported baby on the back while walking backwards and zigzagging through the water | Encouraged baby to wash their face with water or submerge baby in the water, holding baby | Encouraged baby to hold onto the poolside, with assistance if necessary | Notes/ Distance Awards | Date all skills assessed |
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