STA International Swimming & Water Safety Standards — Baby Water Safety

Starfish 4

Teacher _____ Class reference _____

Date/ time _____ Course runs from _____ to _____

Pupil	Supported baby by the arms or hands to encourage movement into the pool from a sitting position	Used a forward hold to encourage and gently submerge baby	Used the Little Harbour hold to move around the pool while encouraging movement from baby	Encouraged baby to roll from a front position to a back position with support	Encouraged movement from baby by swiftly walking backwards while supporting baby on the back	Assisted and encouraged baby to hold onto the poolside and climb out (if baby has the physical ability)	Notes/ Distance Awards	Date all skills assessed

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