STA International Swimming & Water Safety Standards — Baby Water Safety

Starfish 6

Teacher _____ Class reference _____

Date/ time _____ Course runs from _____ to _____

Pupil	Encouraged baby to enter the water freely from a sitting position on the poolside	Encouraged baby to move freely through the water, either with minimal support or with the use of a buoyancy aid	Cued baby to submerge vertically and rotate 360 degrees in the pool	Supported baby by the hands and encouraged movement in a figure of eight or snaking pattern through the water	Taken baby for a front or back ride through the water, with or without support	Cued baby to submerge in a Duckling Dive towards the poolside and encouraged baby to hold onto the poolside and climb out (if baby has the physical ability)	Notes/ Distance Awards	Date all skills assessed

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