



International Experts in Safety Training Solutions



NaRS Tutor

Pre-requisites

- Be a member of the Swimming Teachers' Association;
- Hold either the "Safeguarding Children, Young People and Vulnerable Adults" online programme (available online at www.trainsta.co.uk) or acceptable equivalent;
- Be a minimum of 18 years of age;
- Possess either a NaRS PL, a NaRS PA, a NaRS PH, or a NaRS SAT all of which are awarded by the STA; or the National Rescue Award for Swimming Teachers and Coaches, or the National Pool Lifeguard Qualification both of which are awarded by the RLSS;
- Successfully complete the STA Tutor Foundation Unit.

Validity of Award

Tutors are required to attend updates as and when required by the association in order to keep their status current.

Length of Course

Full Course—32 hours.

Course Information

Full Course

- Attend a course of instruction for a minimum of 32 hours (this includes assessment);
- Complete the Training Manual Portfolio;
- Complete a 100 Multi-Choice Question Paper (pass mark 75);
- Perform resuscitation on approved manikins following the current guidelines;
- Demonstrate the ability to deliver a poolside lesson;
- Demonstrate the ability to teach resuscitation;
- Demonstrate the ability to deliver a theory topic.

Following the successful completion of the course the candidate will become a probationary NaRS Tutor for up to 12 months; the candidate is required to arrange the following within this time limit to achieve full status:

- Moderation of his/her first course by a Nation Tutor;
- Final Assessment of the course participants by a National Tutor;
- Shadow a fully qualified NaRS Tutor while they perform an examination;
- Be assessed by a National Tutor while assessing an examination.

The following courses are acceptable as the probationary NaRS Tutors first course/shadow/examination assessment:

- NaRS – PL;
- NaRS – PA;
- NaRS – PH.

A NaRS Tutor can teach and examine the following courses:

- NaRS Pool Lifeguard;
- NaRS Pool Attendant;
- NaRS Poolside Helper;
- NaRS Pool Safety Award;
- NaRS First Aid Appointed Persons;
- NaRS Immediate Aid;
- NaRS Paediatric First Aid Foundation & Qualification;
- NaRS Sport Specific First Aid Appointed Persons;
- Basic Life Support Certificate.

The other qualifications in the NaRS Tutor series are:

- Advanced Resuscitation Tutor;
- Complete Spinal Management Pool Tutor;
- STA First Aid at Work Tutor;
- Complete Spinal Management First Aid Tutor;
- Adrenaline Auto-Injection Tutor.

These are only available to teach and examine following attendance at additional training courses.

**For information of courses running in your area please visit
www.sta.co.uk or contact STA on 01922 645097.**