



CPD Training Solutions



International Experts in Safety Training Solutions

Swimming Teaching | Life Saving | First Aid | Leisure Management

CPD Training

Continuing Professional Development (CPD) is the way by which all professional Swimming Teachers, after qualification, maintain and update their knowledge and skills.

CPD programmes help to ensure teachers keep up to date with the latest developments in this rapidly changing industry, and provides them with the opportunity to update personal and professional skills.

CPDs for Swimming Teachers cover a wide range of topics and legislative matters, a sample of which are listed below:

- Introduction to Front Crawl
- Introduction to Back Crawl
- Introduction to Breaststroke
- Introduction to Synchronised Swimming
- Introduction to Diving
- Teaching Beginners
- Teaching Turns
- Child Protection
- Teaching Babies – Starfish Overview
- STA ILSP Overview
- Voice Protection and Projection
- Working with Children with Educational Difficulties
- Including Swimmers with a Disability
- Teaching Water Safety and Lifesaving
- Effective Communication & Feedback for Swimming Teachers
- Teaching Nervous Adults
- Teaching Antenatal Swimming
- Creative Games for Swimming Lessons
- Swimming Science
- Snorkelling
- Sea Scooter

To find a CPD course, you can simply log on to www.sta.co.uk. Select “find a course”, where you will be able to refine your search by area. Alternatively, you can phone our head office staff on **+44(0)1922 645097** who will be more than happy to explore the vast array of opportunities available to you.



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