



So you want to be a Swimming Teacher...



International Experts in Safety Training Solutions

Swimming Teaching | Life Saving | First Aid | Leisure Management



What's the work of a Swimming Teacher Like?

Swimming Teachers work with people of all ages and abilities – from babies to adults – to teach them this valuable life skill that will enable them to be safe in and around the water.

Swimming Teachers have to work in hot, humid and noisy poolside environments and must be able to offer learners clear instruction, guidance, encouragement, motivation and support.

Swimming Teaching offers great flexibility because you can often select the hours of work that best suit you on either a casual or contracted basis. Some experienced Swimming Teachers often go on to set up their own swim schools or teach swimming at holiday resorts abroad.

How much will I earn?

Swimming Teachers can expect to earn between £10 and £25 per hour.

What qualifications do I need?

STA run training courses for Swimming Teachers throughout the country. You will start by taking a qualification to teach beginners after which you may want to complete the training that enables you to teach improving and advanced swimmers.

What's involved in the training?

You will undertake a combination of theory work and practical teaching sessions with your course tutor, who will introduce you to a range of different teaching methods and practices. At the end of the course, you will have an examination to test your understanding, but your tutor will ensure that you are well prepared for this.

As part of your course with STA, you will receive training in lifesaving and swimming pool rescue techniques. Therefore, it is important that you are confident in and around water.

How long does training last and how much does it cost?

You will be able to complete your initial training to teach beginners within a week and it will cost approximately £250.

This may vary from course to course but it's worth remembering that STA is widely acknowledged as the most cost-effective provider of training in the country. This initial investment will be repaid quickly once you find employment. There is a national shortage of Swimming Teachers in the UK, so if you are armed with an STA qualification, your services will be in high demand.

“qualified to the highest standards.”

How old do I need to be to begin training?

You will need to be 16 years old before you can train to become a Swimming Teacher.

How long will my qualification be valid for?

Your STA Swimming Teaching qualification is valid for five years. It is important that you attend regular Continuing Professional Development (CPD) training because this will enable you to revalidate your qualification at the end of the five years without the need to retake the entire course.

Is my qualification accredited?

All STA Swim Teaching qualifications sit on Ofqual's Qualifications and Credit Framework (QCF) in England, Wales and Northern Ireland and are accredited by the Scottish Qualifications Authority (SQA) in Scotland. Beyond this, STA qualifications are accepted in numerous countries across the world.

Why should I train with STA?

STA was founded in 1932 with the specific aim of training Swimming Teachers. With all those years of experience, it's clear to see why thousands of people successfully complete swimming courses with STA each year. Acknowledged as international experts, you can be assured that the training you receive will be second to none.



The highest quality training, delivered by professionals, backed by experience.

These are the fundamentals upon which STA has earned its enviable reputation as International Experts in Safety Training Solutions

What career progression will be available once I have completed my Swimming Teacher training?

Qualifying as a Swimming Teacher is just the beginning of what can be a very rewarding career. If you find that you really enjoy teaching, you may wish to take further specialist qualifications that will enable you to work with babies or those with a disability. Experienced Swimming Teachers can move on to become Swim-Scheme Co-ordinators and even Leisure Centre Managers.

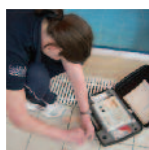
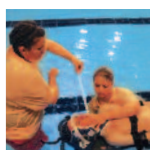
So how do I find a local course?

Simply log on to www.sta.co.uk and select "find a course". You will be able to refine your search by area. Alternatively, you can phone our head office staff on **+44(0)1922 645097** who will be more than happy to explore the vast array of opportunities available to you. STA is very much like a family and once you become a member you will have access to a team of professionals who will help, support and guide you through every step of your journey.

Respected throughout the UK, STA's teaching practices, training programmes and standards have now been adopted in over 20 countries throughout the world.

A multi-service provider

STA are experts in the development and delivery of the highest quality vocational training and offer a comprehensive range of accredited qualifications and awards across four key business areas:



International Experts in Safety Training Solutions

Anchor House, Birch Street, Walsall, West Midlands WS2 8HZ
Tel: +44(0)1922 645097 | Fax: +44(0)1922 720628
E-mail: sta@sta.co.uk | www.sta.co.uk

