

STA Conversion Guidelines for Swim Scheme Operators

The table below provides a guideline for Swimming Teachers and Swim Scheme Operators transferring from the ASA National Plan for Teaching Swimming (NPTS) to the STA International Learn to Swim Programme (ILSP).

ASA National Plan for Teaching Swimming (NPTS)	STA International Learn to Swim Programme (ILSP)
Stage 1	Octopus 1 Octopus 2
Stage 2	Octopus 3 Goldfish 1
Stage 3	Goldfish 2
Stage 4	Goldfish 3
Stage 5	Angelfish 1
Stage 6	Angelfish 2 Angelfish 3
Stage 7	Shark 1 Shark 2 Shark 3

If you have any queries regarding this information please contact Debbie Horton on 01922 748388 or email debbie@sta.co.uk