

STA / ASA Swimming Teaching Qualification Comparison

Basic Overview

| | STA Level 2 Award in Swimming Teaching STA (A) | Sports UKCC- ASA Aquatics Level 1 | STA Level 2 Certificate in Swimming Teaching STA (C) | Sports UKCC- ASA Aquatics Level 2 (Units 1-5) |
|-----------------------|---|--|---|--|
| Minimum Age | 16 | 16 | 17 | 17 |
| Contact Hours | | | | |
| Swimming | 28 Hours | 32 Hours | 28 Hours Plus 28 (STA-A) | 60 Hours Plus 32 (Level 1) |
| Lifesaving | 6 Hours | N/A | 6 Hours | N/A |
| Total | 34 Hours | 32 Hours | 62 Hours | 92 Hours |
| Average Cost | | | | |
| Swimming | £250 | £390 | £250 | £700 |
| Lifesaving | £60 | N/A | N/A | N/A |
| Total | £310 | £390 | £560 | £1,090 |
| Total Credits | 6 | 8 | 17 | 17 |
| Basic Overview | <p> Holders of the STA Level 2 Award in Swimming Teaching can teach up to 10 beginners.</p> | <p> The holder of an ASA Level 1 Certificate is qualified to teach/coach in a support role only.</p> | <p> Holders of the STA Level 2 Certificate in Swimming Teaching can teach, without supervision, pupils of all levels.</p> | <p> Holders of an ASA Level 2 Certificate can work without supervision (other than lifeguarding cover)</p> |

