



International Experts in Safety Training Solutions



SWIMMING
TEACHING



LIFE
SAVING



FIRST
AID



LEISURE
MANAGEMENT

Swimming Teaching Recommended Books & DVDs

CDs & DVDs

Swimming Technique Swimmers Pack – White Dolphin Technology

Breaststroke with ease – Steven Shaw & Jan Moffat Osband

Learning to crawl again – Steven Shaw

Breaststroke for Every Body – Terry Laughlin

Backstroke for Every Body – Terry Laughlin

Perpetual Motion Freestyle In 10 Lessons - Terry Laughlin

Books

The Art of Swimming – Steven Shaw & Armand d'Angour

Master the Art of Swimming – Steven Shaw

Swimming without Stress – Ian Cross

Total Immersion: The Revolutionary Way to Swim Better, Faster and Easier – Terry Laughlin

Extraordinary Swimming for Every Body – Total Immersion Swimming

The Non-Swimmer - Anne Eakin

Swimming – Anne Eakin

The Competent Swimmer - Anne Eakin

101 Cool Pool Games for Children – Kim Rodomista & Robin Patterson

Water Learning – Susan Grosse Human Kinetics

Janet Evans' Total Swimming – Human Kinetics

Fitness Swimming-2nd Edition – Emmett Hines – Human Kinetics

Swimming Anatomy – Ian McLeod – Human Kinetics