

## Conversion Guidelines for Swim Scheme Operators

The table below provides a guideline for Swimming Teachers and Swim Scheme Operators transferring from the ASA National Plan for Teaching Swimming (NPTS) to the STA International Learn to Swim Programme (ILSP).

New ASA National Plan	STA International Learn to Swim Programme
Stage 1	Octopus 1
Stage 2	Octopus 2
Stage 3	Goldfish 1
Stage 4	Goldfish 3
Stage 5	Angelfish 1
Stage 6	Shark 1
Stage 7	Shark 3