

STA Swim & Save E-zine - November 2012

## Welcome to the Swim & Save E-zine

### IMPORTANT NEWS: Changes to STA Procedures

At the very successful Tutors Conference held last month a number of very important changes were announced, which affect all STA Tutors, Course Organisers and Examiners. Read the details [here](#).

### STA Tutors Needed in Saudi

STA is looking for experienced Swimming Teaching and Lifesaving Tutors who would like the opportunity to go to **Saudi Arabia** for 2/3 weeks at a time (male Tutors only, as Saudi is an Islamic state) – flights and accommodation are included. Email [garry@sta.co.uk](mailto:garry@sta.co.uk) for further information.

### 2012 Tutor Conference

STA welcomed Tutors from all over the UK to its first national conference on 20th October. The conference opened with an uplifting presentation by STA CEO **Roger Millward** who confirmed that *"these are exciting times for STA"*. [Read more](#)

### IFSTA Conference 2012

As we got to press the 13th **IFSTA** (International Federation of Swimming Teachers' Associations) conference is being held in **Adelaide, Australia**. Founded by STA, IFSTA is a significant international swimming body representing more than 1,020,000 members worldwide.

### Huggies® Swim Savvy Campaign

**Huggies® Swim Savvy campaign** provides helpful advice to make swimming with little ones an enjoyable and rewarding experience, not to mention hassle free! **Huggies®**

### Health and Hygiene in Pools Conference

**The Royal Society for Public Health** is holding a two day conference on **19th-20th November**, in London on Health and Hygiene in Pools. Amongst the keynote speakers is **Dr Rachel Chalmers**, the Head of the National Reference Unit for Cryptosporidia. STA will be represented by **Robbie Phillips**, who will host a poster presentation on spa pools. [Read more](#)

### Join STA at SPATEX

STA has recently formed an exciting partnership with SPATEX - the UK's largest dedicated wet leisure exhibition – and is actively encouraging members to come along to the next show being held Brighton in February 2013. [Read more](#)

**Changes to Objects Clause**  
STA held its **80th Annual General Meeting of the Swimming Teachers' Association** on Saturday 20th



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### STA Tutors Community

View the latest Tutor updates.

### Learn Online with STA

See the full range of courses.

### STA Courses / CPD Programmes

Locate regional courses.

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Find direct contact details.

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**SPATEX**  
the pool and spa show

[www.spatex.co.uk](http://www.spatex.co.uk)

**I'm Going!**  
**3rd to 5th**  
**February 2013**

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Little Swimmers are the only disposable nappy recommended and endorsed by STA. Find out more [here](#).



### 2013 Subscriptions

From **January 2013**, STA membership subscriptions will increase by **£1**.

### Cross of Merit

At this year's 2012 Tutor Conference, a very special presentation was made to **Roger Goodman**, who received the STA's **Cross of Merit** award from John Holden. John said: *"Roger is one of STA's longest serving and loyal members, and this honour I present on behalf of the Trustees recognises his long and fulfilled service to STA and to the world of swimming in general."*



### Consultation into First Aid Training

**HSE** (Health and Safety Executive) is seeking your views on the proposed removal of the requirement for HSE to approve first aid training and qualifications, and the associated **Approved Code of Practice**. [Read more](#)

### New Appointment at Shropshire Swim Academy

STA welcomes **Lisa Smith** to the Swim Academy team this month. Lisa will take over from

October 2012, which was followed by an **Extraordinary General Meeting** where important changes to the Association's objects ("the Objects") were made. Read the changes made [here](#).

### Teachers Gain Pool Lifesaving Skills

School teachers and youth leaders from all parts of Norfolk and Suffolk are now equipped with essential pool lifesaving skills after attending a Pool Emergency Procedures Course last month. [Read more](#)

### What Did the Nod of Approval Really Mean?

[Click here](#) to read **Peter Bunyan's** thoughts following the recent STA Tutor Conference.

### New Adult Online CPD

In January 2013 STA will be adding a new online CPD to TrainSTA. Titled '**STA Teaching Adults Online Programme**', it is aimed at candidates who hold the STA Award in Teaching Swimming qualification or equivalent. [Read more](#)

### New Year Moderators Course

STA is planning a moderators course for early in 2013 (dates tbc). Please contact **Claire Lowbridge** at [claire@sta.co.uk](mailto:claire@sta.co.uk) with your CV. Pre-requisites include being an STA member and an STA Tutor that has been tutoring for at least 3 years and has completed 200 hours of tutoring over the last 3 years - and holds an in date qualification specific to the subject area.

### Making Appropriate Use of Imagery

STA Tutor **Dr Peter Bunyan** discusses [here](#) the subject of using imagery when teaching swimming to describe an action or movement.

### Swim for Safety in Vietnam

It is now over a year since STA first went out to Vietnam with the British charity **Hue Help** to train school PE teachers to teach swimming, and it's pleasing to report that the charity's '**Swimming for Safety**' programme is still going strong. See the latest photos [here](#).



### Differentiation in Swimming Classes

As Swimming Teachers, we need to be adaptable in our approach to teaching. [Here Irene Joyce](#), STA's Aquatic Development Officer, discusses how teaching in a visual way can help children who fall within the autistic spectrum.

### New Baby & Pre-School Award Coming Soon

As previously reported, STA's new **Baby and Pre-School Swimming Teaching** qualification will be launching in **January 2013**; the qualification will sit on the **Ofqual Framework** and will have a credit value of 6. [Read more](#)

### Stanley Cheers on Children

A fun day was had at **Much Wenlock Leisure Centre** recently, when STA's **Shropshire Swim Academy coordinators** organised a 'come and try event'. Over 60 students attended and were given the chance to participate in lifesaving, synchro and water polo sessions, as well as wacky races. **Stanley** was also in attendance cheering on students and giving out party bags. Zoe Cooper is pictured

Zoe Cooper as the new swim co-coordinator for the Shropshire Swim Academy. Zoe will move into a National Business Development role for STA. [Read more](#)



### News Call

STA would really like to feature YOUR news in the Swim & Save E-zine and YOUR teaching ideas and tips. Please send to [sta@sta.co.uk](mailto:sta@sta.co.uk).

### Swimming Tutor Course

A Swimming Tutor course is planned for **25th February 2013** at **Dragon Leisure Centre, Cornwall** To register your interest and for further information please email [claire@sta.co.uk](mailto:claire@sta.co.uk).

### Water Safety Funding for Youngsters

Following the success of a summer water safety campaign in Shrewsbury, **Shropshire Swim Academy** has been awarded another £900 from **Shropshire and Shrewsbury Waterways Safety Group**. [Read more](#)

here with the students (photo courtesy of Bridgnorth Journal).



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