

The Water Safety Code

1. Spot the dangers

Water may look safe, but it can be dangerous; learn to spot and keep away from dangers. You may swim well in a warm indoor pool, but that does not mean that you'd be able to swim in cold outside water.

2. Take safety advice

Special flags and notices may warn you of danger. Know what the signs mean and do what they tell you.

3. Don't go alone

Children should always go with an adult, not by themselves. An adult may be able to point out dangers or help if someone gets in trouble.

4. Learn how to help

You may be able to help yourself and others if you know what to do in an emergency.



PENGUIN SERIES

SUCCESS TRACKER

THIS SUCCESS TRACKER BELONGS TO:



ROCKHOPPER SERIES



Rockhopper 1

Date | |

Signed _____



Rockhopper 2

Date | |

Signed _____



Rockhopper 3

Date | |

Signed _____



Rockhopper 4

Date | |

Signed _____



Rockhopper 5

Date | |

Signed _____



Rockhopper 6

Date | |

Signed _____



Rockhopper 7

Date | |

Signed _____



Rockhopper 8

Date | |

Signed _____



Rockhopper 9

Date | |

Signed _____



Congratulations you have completed the Rockhopper Series. You can now progress to the International Learn to Swim Programme Shark Series!

EMPEROR PENGUIN SERIES



Emperor 5m

Date | |

Signed _____



Emperor 10m

Date | |

Signed _____



Emperor 15m

Date | |

Signed _____



Emperor 20m

Date | |

Signed _____



Emperor 25m

Date | |

Signed _____



Emperor 50m

Date | |

Signed _____



Emperor 75m

Date | |

Signed _____



Emperor 100m

Date | |

Signed _____



Emperor 200m

Date | |

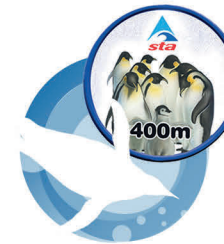
Signed _____



Emperor 300m

Date | |

Signed _____



Emperor 400m

Date | |

Signed _____



Congratulations on completing the Emperor Penguin Series!

