



Pirate Adventure Lesson – for ages 4-7 years old

Equipment: woggles, floats, sinkers, laminated picture cards.

	Teaching Practices	Teaching Points	Teachers Notes
Safe Entry	<ul style="list-style-type: none"> • Swivel entry into pool – with treasure in pockets (shallow) • Jump in – salute to pencil jump (deep) 	<ul style="list-style-type: none"> • Two hands on the same side • Turn onto tummy • Slide slowly into pool so you don't drop any treasure out of pockets • Captain says "Abandon ship", pirates say "Aye aye Captain", salute and jump in • Toes on edge, hands by side, feet together 	<ul style="list-style-type: none"> • Choice of entry depending on ability • Split group if necessary e.g. red pirates and green pirates • Ask children to assess the depth to decide which would be the safer entry i.e. deep or shallow water
Introduction	<p>Captain Says: The pirates (learners) form a line to report to the captain (teacher) for duty The captain calls out instructions relating to picture cards / toys. Captain says.....</p> <ul style="list-style-type: none"> • To the treasure – swim to one side • To the ship – swim to other side • Climb the rope / net – mimic climbing rope • To the dynamite (sinkers on side) – swim to sinkers on side • Submarines (look under water) – look under water • "Attention on deck" standing salute with "aye aye captain response" 	<ul style="list-style-type: none"> • Captain says "attention on deck" Pirates reply "aye aye Captain" • Following instructions move to the cards / toys that Captain calls out • Submarines – look underwater, hold breath and open eyes • "Attention on deck" – stand upright, salute, response "aye aye captain" 	<ul style="list-style-type: none"> • Bring picture cards / toys / say commands that relate to game • Same as 'Simon says' only 'Captain says' instead • Distance apart between stations depends on ability • Could walk, run or swim between stations

Main Theme	<p>Pirate rescue: Using floating wood (woggles) pirates must kick from the shore to the safety of their ship</p> <ul style="list-style-type: none"> • Add in turns on to their back if pirates get tired on the way to the ship / shore <p>In pairs share a piece of floating wood (woggle) and kick as a pair to the safety of the ship</p> <ul style="list-style-type: none"> • Add in one pirate who rescues their partner from halfway and they kick to the ship / shore together 	<ul style="list-style-type: none"> • Two hands on woggle, kick, blow bubbles, face in to check for sharks or submarines • One pirate each end of the woggle, take turns looking for sharks / jellyfish / submarines 	<ul style="list-style-type: none"> • Place woggle underarms or with arms extended depending on ability • Additional floats such as armbands or extra woggles may need to be used depending on ability • Could create waves from poolside
	<p>Diving for treasure: Practice diving under the seaweed on the spot. Then swim / run to sinker and dive / reach down to pick it up, bring it back to the ship and put it in the treasure chest</p> <ul style="list-style-type: none"> • After trying individually for 1 piece of treasure, try to collect more treasure as a group • 2 teams of pirates (red & green) with a large float as the ship, take turns for each pirate to dive for treasure. Team with the most treasure at the end wins 	<ul style="list-style-type: none"> • Eyes open, hold breath, bend at waist • Place treasure in chest or on ship 	<ul style="list-style-type: none"> • Use sinkers for treasure • Can be done as a relay for older swimmers • Practice face in / diving on spot first
Contrasting Activity	<p>Sharks & Pirates: Starting position – one person is the shark and the rest of the group are pirates</p> <ul style="list-style-type: none"> • Shark in middle of pool, pirates at pool side • The pirates have to attempt to swim past the shark to make it safely to shore / pirate ship without getting caught • Once caught learner becomes a shark and tries to catch the pirates left with fellow sharks 	<ul style="list-style-type: none"> • Swim / run across to ship / shore • Stand up if caught by a shark 	<ul style="list-style-type: none"> • Can be swimming or running depending on ability • Last pirate left / last to be caught is the winner
Safe exit	<p>Captain: “Attention pirates, climb onto deck” Pirates climb out of the pool and respond: “Aye aye captain” Captain: “Pirates you are dismissed”</p>	<ul style="list-style-type: none"> • Climb out on wall • Or steps 	<ul style="list-style-type: none"> • Choose safe exit depending on the pool type, age / ability of learners etc