

The Water Safety Code of Advice



1. Spot the dangers

Water may look safe, but it can be dangerous; learn to spot and keep away from dangers. You may swim well in a warm indoor pool, but that does not mean that you'd be able to swim in cold outside water.

2. Take safety advice

Special flags and notices may warn you of danger. Know what the signs mean and do what they tell you.

3. Don't go alone

Children should always go with an adult, not by themselves. An adult may be able to point out dangers or help if someone gets into trouble.

4. Learn how to help

You may be able to help yourself and others if you know what to do in an emergency.

