



Qualification Specification

STA Pool Emergency Responder

This qualification is regulated by Ofqual (England) and Qualifications Wales

STA Level 2 Award for Pool Emergency Responder

Qualification Number: 603/0976/3

Credit Value: 2 Credits

Unit Structure

This qualification consists of 1 mandatory unit

Unit Title	Code	Credit Value	Unit Level	GLH
Pool Emergency Responder	L/615/4451	2	2	16

Total Qualification Time

16 Hours

Introduction:

The Pool Emergency Responder course includes all of the skills that someone whose duties include responding to a poolside emergency or support a lifeguard team.

This is not designed to be a lifeguard qualification but is designed to assist operators of small shallow 'hotel' type pools in meeting their legal responsibilities and for anyone who may assist a lifeguard team.

Qualification Objective:

The STA Pool Emergency Responder qualification is designed to train candidates in pool rescue, CPR techniques and first aid competencies in order to deal with poolside emergencies in accordance with the National Occupational Standards and the HSE publication *Managing Health and Safety in Swimming Pools and British Standard BS EN 15288 Part 2, Safety Requirements for Operations*.

Employers may use our Pool Emergency Responder qualification to meet their Health and Safety responsibilities.

Target Learners

Anyone over the age of 16 years whose duties include responding to a poolside emergency including fitness, hotel type pools that are traditionally smaller than a regular pool, 1.5m deep and below 170 square meters. Further guidance may be taken from the Health and Safety Executives document 'Managing Health and Safety in Swimming Pools' Precautions where constant poolside supervision is not provided generally targeted as they don't meet the Health and Safety guidance 179 requirements of hiring a lifeguard.

Anyone who need to support a lifeguard team may also take the Pool Emergency Responder course.

Progression

The STA Pool Emergency Responder qualification is a stand alone qualification. Next step you can take would be to become an STA Pool Lifeguard and progress onto an STA Lifesaving Tutor.

Often Pool Emergency Responders will progress their career within the leisure industry by becoming a pool lifeguard, gym instructor, swimming instructor or duty manager at pools that range from a single pool up to a large leisure type pool.

Industry Standards

National Occupational Standards

HSE *publication Managing Health and Safety in Swimming Pools* (HSG 179)

British Standard BS EN 15288 Part 2, Safety Requirements for Operations

Entry Requirements

- Be 16 years of age or older
 - Be able to surface dive and recover an object from the deepest part of the pool
 - Swim 25 metres candidates who cannot swim 25 metres must be able to demonstrate the ability to wade, and effect a rescue in a pool with a depth no greater than chest depth.
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Grading Format

Pass / Fail

Assessment Methods

This qualification is assessed through completion of worksheets which are contained within the course manual and practical assessment of skills by the course tutor.

This qualification is valid for two years from the date of completion.

Tutor / Assessor Requirements

All Tutors must have the skills, knowledge and experience to be able to teach and demonstrate the subject.

Each Tutor must be approved by Safety Training Awards and provide evidence of:

1. Minimum of STA Pool Emergency Responder (or acceptable equivalent)
 2. Hold or working towards a formal tutoring and assessing qualification
 3. Tutors must maintain their technical competence within the subject area and provide evidence of continuing professional development (CPD).
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IQA Requirements

Internal Quality Assurers (IQAs) of this qualification must have knowledge and competency in Lifesaving as well as knowledge and competency in internal quality assurance.

An IQA must hold:

1. Minimum of STA Pool Emergency Responder (or acceptable equivalent)
2. Internal quality assurance qualification

Note: IQAs cannot quality assure a course for which they were the Tutor and/or Assessor.

Resource Requirements

Each teacher STA Pool Emergency Responder manual which includes the worksheets needed as part of the course. During the course responders will complete the worksheets as part of the course evidence.

- First Aid Skills manual

Pool side equipment including :

- Torpedo Buoys
- Rescue Pole
- Throw Rope
- Throw Bag
- Submersible Manikin

Basic Life Support manikin including:

- Adult
- Child
- Infant

Venue:

- Room size: Adequate space for all learners on the course to undertake theory and practical work
- Seats: One per learner
- Writing surfaces: Adequate for each learner to take notes
- Toilets: Separate facilities for male and female learners
- Ventilation: Should be adequate
- Lighting: Should be suitable for reading, combining a mixture of natural and artificial light
- Heating: Should maintain a 'shirt sleeve' environment, minimum temperature 16°C
- Access/exits: Should be safe, well lit and cater for people with special needs
- Floor coverings: Should be carpeted or mats / blankets provided for use during practical sessions
- Cleanliness: Maintain a clean, tidy and hygienic environment
- Noise: Consider whether there is noise that may distract candidates from training
- Electrical items: When projectors and other electrical equipment are used, the equipment must be checked to ensure it is in safe working order. It is important to be aware of trip hazards associated with electric cables in order to reduce such risks.

Unit Specification

Unit Title	Pool Emergency Responder	
Learning Outcomes	Assessment Criteria	
1. Understand health and safety legislation for swimming pool environment	1.1 1.2 1.3 1.4	Identify legislation relevant to the swimming pool environment List the responsibilities of the employer in relation to health and safety Define 'duty of care' for employees State the consequences of breaching health & safety legislation
2. Understand Pool Safety Operating Procedures	2.1 2.2	Identify areas covered in a Normal Operating Plan Identify areas covered in an Emergency Action Plan
3. Understand hazards, risks and control measures in a swimming pool environment	3.1 3.2	Define: <ul style="list-style-type: none"> • Hazard • Risk • Control Measure Explain the different types of hazards: <ul style="list-style-type: none"> • Physical • Activity and Pool Operations • People
4. Understand the role and responsibilities of the Pool Emergency Responder	4.1 4.2 4.3	List the role and responsibilities of a pool emergency responder Identify different types of swimming pools Identify different types of rescue equipment
5. Be able to perform a rescue using suitable rescue equipment	5.1	Perform the following rescues on a live simulated casualty: <ul style="list-style-type: none"> • Reach rescue • Throw rescue • Wade rescue
6. Be able to perform a pool rescue	6.1	Perform a rescue on a live simulated casualty who is: <ul style="list-style-type: none"> • Non-Swimmer • Weak or Tired • Injured • Unconscious
7. Be able to rescue an unconscious casualty from the pool floor	7.1 7.2 7.3	Demonstrate the retrieval of a submersible manikin from the pool floor. Demonstrate simulated resuscitation in the water Demonstrate the safe retrieval of a simulated live casualty onto poolside
8. Be able to rescue a casualty suffering from a suspected spinal cord injury	8.1 8.2 8.3	Demonstrate the head splint roll Demonstrate team stabilisation Perform a team horizontal lift
9. Be able to assess an incident	9.1 9.2 9.3	Demonstrate a scene survey Demonstrate a primary survey Identify when to call for help
10. Be able to manage an unconscious casualty who is breathing normally	10.1 10.2 10.3	Demonstrate the following on a simulated live casualty: <ul style="list-style-type: none"> • Turning from prone to supine • Recovery position • Action for regurgitation Manual in line stabilisation on a suspected spinal cord injury casualty Log roll on a suspected spinal cord injury casualty
11. Know how to and be able to assist a casualty who is choking	11.1 11.2	Describe how to identify a casualty with a partially and completely blocked airway obstruction Demonstrate how to treat choking on an adult, child and baby manikin

12. Be able to manage a casualty with external bleeding and in shock	12.1 12.2	Demonstrate how to treat a simulated casualty suffering from shock Demonstrate how to control severe external bleeding
13. Be able to manage a casualty with a minor injury	13.1	Demonstrate how to identify and treat a casualty minor injury including small cuts, grazes and bruises
14. Be able to administer first aid to a casualty with injuries to bones, muscles and joints	14.1 14.2	<p>Recognise suspect:</p> <ul style="list-style-type: none"> • Fractures • Dislocations • Strains and sprains • Cramp <p>Administer first aid for:</p> <ul style="list-style-type: none"> • Fractures • Dislocations • Strains and sprains • Cramp
15. Be able to administer first aid to a casualty with suspected head and spinal injuries	15.1 15.2	<p>Recognise suspect:</p> <ul style="list-style-type: none"> • Compression • Concussion • Skull fracture • Spinal injuries <p>Administer first aid for:</p> <ul style="list-style-type: none"> • Compression • Concussion • Skull fracture • Spinal injuries
16. Be able to provide first aid to a casualty with suspected major illness	16.1 16.2	<p>Recognise suspect:</p> <ul style="list-style-type: none"> • Heart Attack • Seizures • Diabetes • Stroke <p>Administer first aid for:</p> <ul style="list-style-type: none"> • Heart Attack • Seizures • Diabetes • Stroke
17. Be able to provide first aid to a casualty with breathing problems	17.1 17.2	<p>Recognise suspect:</p> <ul style="list-style-type: none"> • Asthma • Hyperventilation <p>Administer first aid for:</p> <ul style="list-style-type: none"> • Asthma • Hyperventilation