

HOW TO BECOME A SWIMMING TEACHER

Your Complete
Career Guide



CIMSPA
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AWARDS
2022
WINNER



PASSIONATE ABOUT SWIMMING?

becoming a swimming teacher is a fantastic career path for those who are looking for a rewarding, active and challenging profession.

With flexible teaching hours to fit around your lifestyle, you'll enjoy the satisfaction of a work-life balance whilst teaching an incredible and important life skill.

Countless opportunities for employment are available with private swim schools and public leisure centres who are on the search for qualified, motivated and inspiring swimming teachers.

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NEW TO THE INDUSTRY?

If you are brand new to the industry and hold no prior qualifications, you will need to qualify by completing the Level 2 Award in Teaching Swimming first. This qualification develops the vocational skills and technical knowledge of a qualified swimming teacher, allowing you to independently teach essential swimming skills, water safety and all four key strokes to participants. You will be able to plan, deliver, assess and evaluate lessons for adult and child participants.

If you'd like to take it a step further to teach more ability groups, you will need to complete the Level 2 Certificate in Teaching Swimming qualification. The qualification will expand your expertise to teach competitive strokes, survival and rescue skills, diving, competitive starts and turns; allowing you to teach non-swimmers through to advanced participants.



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YOUR SWIMMING TEACHING CAREER



TRAVEL WITH YOUR CAREER

As STA's qualifications are recognised internationally, you also have the option to travel with your career, opening up endless opportunities so you can explore and work at the same time.

EARNING POTENTIAL

As with any other job, income for swimming teachers vary according to the geographical location, skills and experience. Swimming teachers are typically paid by the hour for each session and rates can start from £8.00 to £25.00.

If you are a newly qualified Level 2 swimming teacher, then your earning potential is significantly higher than an assistant swimming teacher. To maximise your potential, you can also expand your knowledge into specialist areas such as baby swimming or disability swimming, by taking on additional qualifications or CPD's (continual professional development) either online or face-to-face.



STEP ONE

ARE YOU SUITABLE?

DO YOU HAVE THE SKILLS AND ATTRIBUTES TO MAKE A GOOD LEVEL 2 AWARD SWIMMING TEACHER?

- ✓ INTEREST IN SWIMMING
- ✓ CONFIDENCE LEADING A GROUP
- ✓ CREATIVE
- ✓ ENTHUSIASTIC
- ✓ ENJOY WORKING WITH PEOPLE
- ✓ GOOD ROLE MODEL
- ✓ GOOD ORGANISATION
- ✓ PATIENCE
- ✓ EMPATHY
- ✓ SOCIABLE

Your primary role as a swimming teacher is to educate, motivate, plan and deliver to a diverse range of participants to provide them a key life skill.

Whilst you don't need to be an Olympic swimmer or have any previous experience, you do need to have a passion for swimming, water safety and passing on knowledge.





STEP TWO

FIND A LEVEL 2 AWARD IN TEACHING SWIMMING COURSE

Your next step is to enrol onto an Award in Teaching Swimming course developed by STA (an awarding organisation) and whose qualifications are endorsed by CIMSPA (Chartered Institute for the Management of Sport and Physical Activity).

STA's comprehensive range of professionally accredited qualifications will give you the knowledge and skills required to become a successful swimming teacher. With locations nationwide, you'll be sure to find a course close to you by using STA's course search engine [HERE](#).

STEP THREE

FIND EMPLOYMENT

After you have qualified, you can apply to work as an independent swimming teacher. If you have entrepreneurial spirit.

STA have partnered with Leisure Opportunities to bring you the latest job vacancies for swimming teachers across the country and internationally.

Many swimming teachers start their career by securing work with leisure centres and private swim schools to gain experience.

If you have entrepreneurial spirit, you can branch out and start your own swim school business.

leisure opportunities

STEP FOUR

MAINTAIN YOUR SKILLS

As a qualified swimming teacher, you'll need to maintain occupational competency by undertaking regular continuing professional development (CPD).

This can be achieved through face-to-face seminars, online learning and evidence of practical teaching hours.

Become a Specialised Swimming Teacher.

WHETHER YOU'RE NEW TO SWIMMING TEACHING OR LOOKING TO EXTEND YOUR SKILL SET, WHY NOT CONSIDER EXPANDING YOUR TEACHING PORTFOLIO WITH SPECIALISED QUALIFICATIONS?

Baby and Pre-School Award

Baby swimming is a magical experience, and if you'd like to learn and gain the skills required to teach this specialist area of swimming, this qualification is for you.

[LEARN MORE ▶](#)

People with Disabilities

Swimming for people with disabilities is extremely rewarding and teaching is equally satisfying. This course is for those who would like to help someone gain water confidence and teach them essential swimming and movement skills through play in a supportive environment.

[LEARN MORE ▶](#)

CREATING YOUR CV

Your CV is the first point of contact between you and an employer. Precise content, a clear structure and a clean will design will help you make an impact.

- Keep your CV to a maximum of 2 pages**
- Stick to one clear font such as Times New Roman**
- Always use subheadings for different sections e.g. personal statement, Work Experience, Education, Key Skills, Interests and References**
- Research the company you are applying for and adapt your CV accordingly.**



ONCE YOU'RE WITH STA, THE SUPPORT CONTINUES.

YOU WILL RECEIVE:

- ✓ Public Liability Insurance (up to £10 million)
- ✓ Professional Indemnity Insurance (up to £1 million provided by Allianz)
- ✓ Access exclusive resources.

PLUS ACCESS EXCLUSIVE
BENEFITS FROM THE
FOLLOWING PARTNER
ORGANISATIONS:

Have any questions?
Contact us via info@sta.co.uk

