

# STA International Learn to Swim Programme (ILSP) Conversion Guidelines



The table below provides a guideline for Swimming Teachers and Swim Scheme Operators transferring to STAs International Learn to Swim Programme (ILSP) from an alternative scheme.

STA ILSP	Swim England	Scottish Swimming	Swim Wales	Swim Ireland
<b>Starfish</b>	Discovery Duckling / Duckling	Early Years	Bubbles	Adult & Child
<b>Stanley 1 - 2</b>	Stage 1 (under 5)	Preschool	Splash 1 - 2	Younger Children
<b>Stanley 3 - 4</b>	Stage 2 (under 5)	Preschool	Splash 3 - 4	Younger Children
<b>Stanley 5 - 7</b>	Stage 3 (under 5)	Preschool	Splash 5 - 6	Younger Children
<b>Octopus 1</b>	Stage 1	Preschool	Wave 1	Level 1
<b>Octopus 2 – 3</b>	Stage 2	Swim Skills 1	Wave 2	Level 2
<b>Goldfish 1 - 2</b>	Stage 3	Swim Skills 1	Wave 3	Level 3
<b>Goldfish 3</b>	Stage 4	Swim Skills 1	Wave 3	Level 4
<b>Angelfish 1</b>	Stage 5	Swim Skills 1	Wave 4	Level 5
<b>Angelfish 2</b>	Stage 5	Swim Skills 1	Wave 5	Level 6
<b>Angelfish 3</b>	Stage 5	Swim Skills 2	Wave 6	Level 6
<b>Shark 1</b>	Stage 6	Swim Skills 3	Wave 6	Level 7
<b>Shark 2</b>	Stage 6	Swim Skills 3	Wave 7	Level 8
<b>Shark 3</b>	Stage 7	Swim Skills 4	Wave 8	Level 8
<b>Advanced Swimmer Series inc. Platinum</b>	Stages 8 – 10	Club Ready Swim	Advanced Swimming Skills	N / A

**Note: Must be used in conjunction with a swimming teachers' initial assessment.**

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