









AWARDS 2022 WINNER





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## ABOUT SAFETY TRAINING AWARDS

Safety Training Awards is the awarding organisation of The Swimming Teachers' Association, an independent registered charity and a national governing body for swimming and lifesaving that was founded in 1932, with the objective: The preservation of human life by the teaching of swimming, lifesaving and survival techniques. Today, STA works with more than 14,000 members, a National Tutor network, and a vast mix of swim school and leisure customers in the UK and internationally.

As an awarding organisation that is regulated by Ofqual and Qualifications Wales, and accredited by SQA Accreditation in Scotland, Safety Training Awards offers and certificates vocational qualifications across a range of swimming teaching, lifesaving, first aid, health and safety and pool plant disciplines. These qualifications are designed to meet both legal requirements and national occupational standards for various industries.



Safety Training Awards is also a CIMSPA Awarding Organisation Partner with many qualifications endorsed too, to meet CIMSPA's employer-led professional standards. This ensures all qualifications are of the highest standard and are fit for purpose for employers and learners.

For leisure, Safety Training Awards is also uniquely positioned as being the only awarding organisation to offer a full portfolio of CIMSPA endorsed qualifications for the aquatics sector – from swimming teaching to open water coaching, lifesaving, first aid and pool plant.

On top of this, Safety Training Awards also provides an extensive continuing professional development (CPD) programme to support leisure industry professionals with updating their knowledge and skills after gaining their qualifications.

As an international organisation, Safety Training Awards also offers unregulated courses in swimming teaching, first aid and lifesaving for countries that do not follow UK legislation, Health and Safety Executive (HSE) or professional body requirements.

# SAFETY TRAINING AWARDS FULL PORTFOLIO OF REGULATED QUALIFICATIONS















## SMIMMING TEACHING

Are you an organisation or individual looking to deliver high quality swimming lessons?

#### **Course facts:**

- Regulated by Ofqual and Qualifcations Wales, and accredited by SQA Accreditation in Scotland
- CIMSPA employer-led qualifications
- Internationally recognised
- Endorsed by STA, a UK National Governing Body for Swimming
- Teach independently with no prior level 1 qualification
- No experience required.



#### STA AWARD IN TEACHING SWIMMING

The STA Award in Teaching Swimming aims to produce teachers that can teach the essential swimming skills, water safety and all four key strokes to participants. They are able to plan, deliver, assess and evaluate lessons for adult and child participants.

Awarding Organisation: Safety Training Awards

Qualification Number: 603/3014/4

**Training Format:** 

• Blended Learning or Face to Face

• Run over 5 days

• Validation: No Expire Date.

This qualification develops the vocational skills and technical knowledge of a qualified swimming teacher.



#### STA CERTIFICATE IN TEACHING SWIMMING

The STA Certificate in Teaching Swimming qualification expands on the teacher's expertise to include competitive strokes, survival and rescue skills, diving, and competitive starts and turns – allowing teachers to deliver swimming lessons from non-swimmers through to advanced participants.

Awarding Organisation: Safety Training Awards

Qualification Number: 603/3015/6

**Training Format:** 

- Blended Learning or Face to Face
- Runs over 4 days
- Validation: No Expire Date.



#### **DISABILITY SWIMMING TEACHING**

The STA Award in Aquatic Teaching – Disability Swimming qualification aims to train learners to teach aquatic activities to disabled individuals and groups. This qualification is for learners who wish to work with participants who have a disability in mainstream or disability swimming lessons and help them to develop, both as swimmers and individuals in the aquatic environment. This qualification could appeal to those already working as a swimming teacher.

Awarding Organisation: Safety Training Awards

Qualification Number: 610/2704/2

- Blended Learning or Face to Face
- Run over 3 days
- Validation: No Expire Date.



#### **BABY AND PRE-SCHOOL AWARD**

Begin a career in a rewarding role as a baby swimming teacher, introducing adult and child to the swimming pool through lessons packed full of experiential learning, fun and games. The STA Award in Aquatic Teaching – Baby and Pre-School Swimming may be undertaken by an individual aspiring to work specifically as a baby swimming teacher or offer a further development opportunity for already qualified swimming teachers.

Awarding Organisation: Safety Training Awards

Qualification Number: 603/5168/8

**Training Format:** 

Blended Learning or Face to Face

Run over 3 days

• Validation: No Expire Date.



#### **BABY AND PRE-SCHOOL DIPLOMA**

The STA Level 3 Diploma in Aquatic Teaching – Baby and Pre-School offers progression for qualified baby swimming teachers looking to expand and develop technical knowledge, supported by the latest academic research and theories.

Awarding Organisation: Safety Training Awards

Qualification Number: 603/1020/0

**Training Format:** 

Blended Learning or Face to Face

Post course work to be completed (9 months to complete)

Runs over 4 days

Validation: No Expire Date.



## MERMAID AND MONO FIN SWIMMING

This qualification is for learners who wish to deliver mermaid and mono fin swimming sessions, to help develop a swimmers' abilities in an aquatic environment. To undertake this qualification learners will need to hold a Level 2 Award in Teaching Swimming or synchronised coaching qualification. This qualification could appeal to those already employed within a leisure environment or swim school who are looking to offer alternative aquatic experiences.

Awarding Organisation: Safety Training Awards

Qualification Number: 603/5318/1

**Training Format:** 

• Blended Learning or Face to Face

• Runs over 1 day

• Validation: No Éxpire Date.



#### **OPEN WATER SWIMMING COACHING**

This qualification could appeal to open water swimmers, triathletes, swimming teachers, beach lifeguards or lake managers who have open water swimming experience and want to expand their open water knowledge or coaching portfolio and share their passion for open water swimming.

Awarding Organisation: Safety Training Awards

Qualification Number: 603/3012/0

**Training Format:** 

• Blended Learning or Face to Face

• Runs over 3 days

• Validation: No Expire Date.



Created in partnership with the leading associations involved in open water swimming and the best in the industry.

## FIRST AID

For those who are responsible for creating safe environments – whether this is in the home or in the workplace

#### **Course facts:**

- Regulated by Ofqual and Qualifcations Wales, and accredited by SQA Accreditation in Scotland
- CIMSPA-endorsed
- Internationally recognised
- No experience required.



#### **FIRST AID AT WORK**

The STA Award in First Aid at Work qualification is a three-day course designed for those who may be required to manage and perform emergency first aid within the workplace. The First Aid at Work qualification is the most comprehensive of all our first aid qualifications, covering a wide range of skills which can be used within a workplace first aid situation.

Awarding Organisation: Safety Training Awards

Qualification Number: 603/2347/4

**Training Format:** 

• Blended Learning or Face or Face

Runs for 3 days

Valid for a period of 3 years.



#### **EMERGENCY FIRST AID AT WORK**

The STA Award in Emergency First Aid at Work is a one-day course designed for those who may be required to perform basic emergency first aid within the workplace. The course is ideal for those that are required to hold a first aid qualification but do not require the more comprehensive First Aid at Work qualification.

**Awarding Organisation: Safety Training Awards** 

Qualification Number: 603/2346/2

Training Format:

Face to Face

Runs for 1 day

Valid for a period of 3 years.



#### PAEDIATRIC FIRST AID AWARD

The STA Award in Paediatric First Aid qualification is a two-day course designed for those who may be required to manage and perform emergency first aid within a childcare workplace setting. The Paediatric First Aid qualification is a comprehensive qualification covering a wide range of skills and procedures specific to child and infant casualties.

Awarding Organisation: Safety Training Awards

Qualification Number: 603/4156/7

**Training Format:** 

Blended Learning or Face to Face

Runs for 2 days

Valid for a period of 3 years.



#### **EMERGENCY PAEDIATRIC FIRST AID AWARD**

The STA Award in Emergency Paediatric First Aid qualification is a one-day course designed for those who may be required to perform emergency first aid within a childcare workplace setting. The qualification covers a range of skills and procedures specific to child and infant casualties.

Awarding Organisation: Safety Training Awards

Qualification Number: 603/4266/5

Training Format:

Face to Face

• Runs over 1 day

• Valid for a period of 3 years.



#### **CPR AND AED**

The STA Award in Basic Life Support and Safe Use of an Automated External Defibrillator qualification is a four-hour course designed for those who may be required to perform cardiopulmonary resuscitation (CPR) and use an automated external defibrillator (AED). This qualification is suitable for learners from a variety of industries and employment situations who work within a building where an AED is present and are required to be trained in its use as per HSE recommendations.

Awarding Organisation: Safety Training Awards

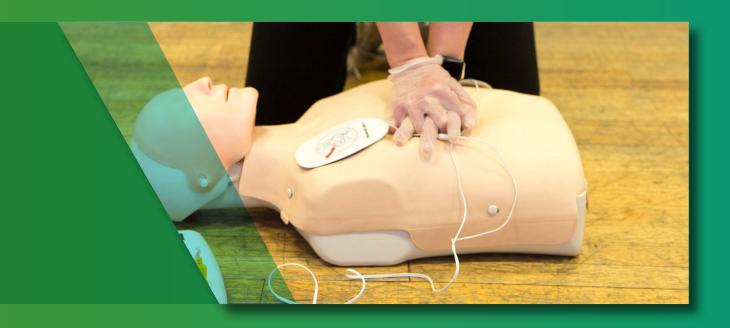
Qualification Number: 601/5454/8

Training Format:

• Face to Face

Runs over 1 day

Valid for a period of 2 years.



#### **CPR AND ANAPHYLAXIS**

The STA Award in Basic Life Support and Management of Anaphylaxis qualification is a four-hour course designed for those who may be required to perform cardiopulmonary resuscitation (CPR) and use an adrenaline auto-injector unit (AAI). This qualification is suitable for learners from a variety of industries and employment situations, or for anyone who spends a significant amount of time with someone who may suffer from anaphylaxis or anaphylactic shock due to a severe allergy.

Awarding Organisation: Safety Training Awards

Qualification Number 601/5459/7

**Training Format:** 

Face to Face

• Runs over 1 day

• Valid for a period of 2 years.



## LIFESAVING

Are you looking to qualify yourself or your team as professional pool lifeguards, pool emergency responders or as safety cover for swimming lessons?

#### **Course facts:**

- Regulated by Ofqual and Qualifcations Wales, and accredited by SQA Accreditation in Scotland
- CIMSPA-endorsed (Pool Lifeguarding)
- Internationally recognised
- Includes the First Aid at Work syllabus and is a recognised First Aid at Work qualification (Pool Lifeguarding).



#### **POOL LIFEGUARDING**

The STA Award in Pool Lifeguarding is a five-day lifesaving course for those who may be required to perform pool rescue techniques including spinal injury management, administering first aid, or performing CPR in a poolside emergency. This qualification may be a mandatory requirement for swimming pools where it has been identified that constant poolside supervision is required to meet their health and safety responsibilities.

Awarding Organisation: Safety Training Awards Qualification Number: 603/4276/6 Training Format:

- Blended Learning or Face to Face
- Runs over 5 days
- Valid for a period of 3 years.

This pool lifeguarding qualification uniquely aligns Lifeguard and First Aid at Work revalidations. The 3-year revalidation process represents an industry first and consolidates and simplifies the revalidation of lifeguards in the future.



#### **POOL EMERGENCY RESPONDER**

The STA Award for Pool Emergency Responder is a two-day lifesaving course for those who may be required to perform pool rescue techniques including basic spinal injury management, administer first aid or perform CPR in a poolside emergency. This qualification is a popular choice amongst hotels and leisure club facilities where it has been identified that constant lifeguard supervision is not required, however staff from other departments may be called upon to deal with poolside emergencies.

Awarding Organisation: Safety Training Awards

Qualification Number: 603/0976/3

**Training Format:** 

- Blended Learning or Face to Face
- Runs over 2 days
- Valid for a period of 2 years.



#### **SAFETY AWARD FOR TEACHERS**

The STA Award for Safety Award for Teachers is a one-day lifesaving course for those who require basic knowledge and skills in pool rescue and CPR techniques. This course is a popular choice for swimming teachers who may require a lifesaving qualification to complement their role, ensuring the safety of their swimmers.

Awarding Organisation: Safety Training Awards

Qualification Number: 610/0225/2

- Blended Learning or Face to Face
- Runs over i day
- Valid for a period of 2 years.



#### **OPEN WATER SAFETY**

This qualification is for learners who may coach or assist open water swimming coaching sessions and activities, or assist with the outdoor safety provision of an open water venue.

Awarding Organisation: Safety Training Awards Qualification Number: 610/0674/9

- Blended Learning or Face to Face
- Valid for a period of 2 years.



## POOL PLANT

Are you or your organisation ready to manage and maintain safe, clear, and hygienic water?

From half-day to full three-day courses, you will be sure to find the right course for you.

#### **Course facts:**

- Regulated by Ofqual
- Follows PWTAG guidelines and national occupational standards
- The first pool plant operative qualification in the industry to meet CIMSPA's employer-led professional standard
- Internationally recognised.



#### **POOL PLANT OPERATIONS**

The STA Level 3 Award in Pool Plant Operations is the highest level of training available for those who are responsible for the management and maintenance of swimming pools, spas, and interactive water features. The qualification covers all the skills and knowledge required to successfully run a wet leisure facility, including pool water chemistry, chemical dosing, features of the circulation system, filtration, heating, ventilation, energy efficiency, management practices and health & safety.

Awarding Organisation: Safety Training Awards

Qualification Number: 603/2579/3

**Training Format:** 

• Blended Learning or Face to Face

• Runs over 3 days

• Valid for a period of 5 years.



#### **POOL WATER TREATMENT**

The STA Award in Pool Water Treatment is designed to equip learners with the skills and theoretical knowledge to competently test swimming pool and spa water and have a basic understanding of what the results indicate. As well as water testing it covers the fundamental skills and theory in the principles of the treatment of swimming pool water.

Awarding Organisation: Safety Training Awards

Qualification Number: 610/0679/8

**Training Format:** 

- Blended Learning or Face to Face
- Runs over 1 day
- Valid for a period of 5 years.



#### **SWIMMING POOL WATER TESTING**

The STA Award in Swimming Pool Water Testing is designed to provide the basic information needed and the skills necessary to competently test swimming pool and spa water and to provide a basic understanding of the outcomes of those tests.

Awarding Organisation: Safety Training Awards

Qualification Number: 600/6016/5

- Blended Learning or Face to Face
- Runs over ½ day
- Valid for a period of 5 years.



# EDUCATION AND TRAING

Are you an aspiring teacher or are you an organisation who would like to deliver in-house training for your team?

#### **Course facts:**

- Regulated with Ofqual
- Suitable for those who are looking to step into a tutoring role
- No practice requirement other than microteaching.

The STA Level 3 Award in Education and Training is an introductory teaching qualification with no requirement to practice, which makes it ideal for those that aspire to become teachers / trainers, or those who have only just started in the profession.

The qualification is designed to provide learners with the knowledge and skills to be able to educate and train individuals or groups in an area they are technically competent in, and to provide learners with the knowledge to be able to understand assessment and the processes involved when assessing a learner.

This qualification covers the role of a teacher / trainer and their duties including planning, delivering, and evaluating sessions that meet the needs of the learners and the requirements of a course.

Awarding Organisation: Safety Training Awards

Qualification Number: 601/1013/2

Training Format: Distant learning or Face to Face

Available to purchase online at https://store.sta.co.uk/product/4318



#### **INTERNAL QUALITY ASSURANCE**

The STA Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice is intended for learners who are currently undertaking a quality assurance role within their organisation or centre and need to ensure assessment conduct and decisions are valid and reliable.

Awarding Organisation: Safety Training Awards

Qualification Number: 600/7079/1

Training Format: Distance learning or Face to Face



#### PRINCIPLES AND PRACTICES OF ASSESSMENT

The aim of this qualification is to give the trainee assessor knowledge and understanding of the principles and practices that underpin assessment.

This qualification is intended for learners who wish to gain an understanding of the principles and practices of assessment. It is ideal for those who are new to assessment practice, or wish to gain an insight into the role of the assessor as there is no practice requirement.

Awarding Organisation: Safety Training Awards

Qualification Number: 600/7078/X

Training Format: Distant learning or Face to Face



Available to purchase online at https://store.sta.co.uk/product/4320

## FIEALTH AND SAFETY

If you are an employer or an employee looking to expand your knowledge and ensure your personal safety at work, the Fire Marshall and Safe Moving and Handling qualifications are the perfect way of doing so.

#### **Course facts:**

- Regulated with Ofqual
- Meets legal requirements.



#### **FIRE MARSHALL**

The STA Award for Fire Marshall Training is a one-day course for those who require basic knowledge and skills in fire safety management at work. The course is suitable for anyone who may be expected to undertake the roles and responsibilities of the fire warden.

Awarding Organisation: Safety Training Awards

Qualification Number: 600/9799/1

**Training Format:** 

- Blended Learning or Face to Face
- Runs for 1 day
- Valid for a period of 3 years.

#### SAFE MOVING AND HANDLING

The STA Award in Safe Moving and Handling is a one-day course covering basic knowledge and skills for people who perform manual handling tasks as part of their daily job role.

Awarding Organisation: Safety Training Awards

Qualification Number: 601/5851/7

- Blended Learning or Face to Face
- Runs for 1 day
- Valid for a period of 3 years.

# TRAIN TO BECOME AN STATUTOR

To deliver STA courses, you can become an STA tutor, which is a fantastic career path for those who are looking for a rewarding, active and challenging role.

As an STA tutor, you will be able to train the next generation of leisure industry staff depending upon the discipline in which you choose to specialise. There are many opportunities for employment – from working within large leisure providers to deliver their training, to taking the first steps to running your own business. However, you choose to progress your career, it is certain to be an interesting journey.



#### **AQUATIC TUTOR STATUS**

Grants those with the appropriate pre-requisites the ability to deliver and assess Safety Training Award's aquatic qualifications within their specific discipline.

#### **Training Format:**

- Online or Face to Face
- Run over 4 days.

#### 2022/2023 ONLINE COURSES AVAILABLE NOW

#### **LIFESAVING TUTOR STATUS**

Grants those with the appropriate pre-requisites the ability to deliver and assess Safety Training Award's lifesaving qualifications, as well as STA's portfolio of first aid qualifications (if an in-date First Aid at Work certificate is held).

- Blended Learning or Face to Face
- Runs over 4 days.

#### LIFESAVING TUTOR CONVERSION

This one-day tutor conversion course enables those with who hold a lifesaving qualification the ability to deliver and assess Safety Training Award's lifesaving qualifications, as well as STA's portfolio of first aid qualifications (if an in-date First Aid at Work certificate is held).

#### **Training Format:**

- Online
- Runs over 1 day.

#### 2022/2023 ONLINE COURSES AVAILABLE NOW

#### FIRST AID TUTOR STATUS

Grants those with the appropriate pre-requisites the ability to deliver and assess Safety Training Award's first aid qualifications.

#### **Training Format:**

- Blended Learning or Face to Face
- Runs over 4 days.

#### **POOL PLANT TUTOR STATUS**

Grants those with the appropriate pre-requisites the ability to deliver and assess Safety Training Award's pool plant qualifications.

- Blended Learning or Face to Face
- Runs over 3 days.

#### INTERNATIONAL UNREGULATED COURSES

As an international organisation and with STA being a member of the International Federation of the Swimming Teachers' Association (IFSTA), which is affiliated with 26 countries, Safety Training Awards offers both regulated qualifications and unregulated courses. This allows learners across the globe to gain the necessary training within the leisure industry.

The unregulated international courses have been created to offer flexibility for tutors and employers in countries that do not follow UK legislation, Health and Safety Executive (HSE) or professional body requirements.

The courses have been shaped to offer a high standard of quality training, but by being unregulated, tutors delivering them overseas do not need to be attached to an Approved Training Centre.

#### The courses are:

- STA International Swimming Teacher Provides learners with the knowledge and practical skills to teach swimming in a learn-to-swim environment.
- STA International Baby and Pre-School Teacher Provides learners with the knowledge and practical skills to teach babies to pre-schoolers in adult and child swimming lessons.
- STA International Pool Lifeguard Trains learners in pool rescue skills, CPR techniques, first aid and dealing with poolside emergencies.
- STA International Lifesaving Course for Swimming Teachers Trains learners in pool rescue skills, CPR techniques and aquatic first aid so they can act as a rescuer in an aquatic teaching environment.
- STA International Open Water Coach Provides learners with the knowledge and practical skills to coach open water swimming skills in an open water environment.
- STA International First Aid Trains learners in CPR techniques, first aid and dealing with first aid emergencies.
- STA International Basic Life Support and Automated External Defibrillation Trains learners in basic life support techniques and the safe use of an Automated External Defibrillator (AED).
- STA International Swimming Pool Technical Operator PWTAG accredited SPTO course. Trains learners in swimming pool technical operations. This course is aimed at people who operate swimming pool plant and are responsible for swimming pool technical operations.

To support the delivery of these courses, e-resources for tutors and learners are available for each course; they include e-manuals, PowerPoints, assessment sheets, schemes of work, lesson plan templates (for the swimming courses) and guidance documents.

Please note, if working within the UK, these courses will not meet the requirements placed by the HSE and CIMSPA regarding qualifications. They are created for swimming teachers, baby and pre-school teachers 32 and pool lifeguards outside of the UK.



# TAKE CONTROL OF YOUR TRAINING BY BECOMING AN APPROVED TRAINING CENTRE

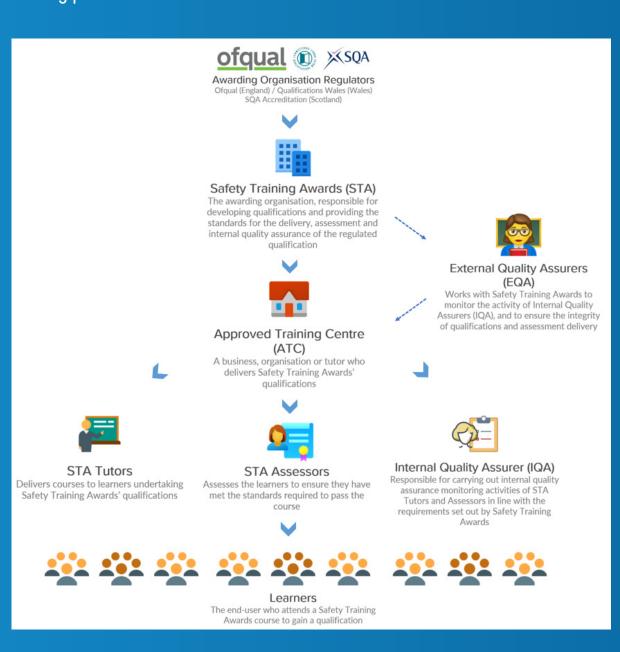


# APPROVED TRAINING CENTRE MODEL

Safety Training Awards uses the Approved Training Centre (ATC) model to ensure its regulated qualifications are available across the UK, promoting consistency, high standards and public confidence in the qualifications available.

To deliver Safety Training Awards regulated qualifications, you must become an ATC. An ATC is any business, organisation or tutor which has the required resources and competence to deliver, tutor, assess and quality assure qualifications whilst meeting our approval criteria.

The ATC model includes any business, organisation or tutor who wishes to offer regulated qualifications. This could be an educational establishment, such as a school or college, or a training provider.



## WHY BECOME AN APPROVED TRAINING CENTRE?

By becoming an Approved
Training Centre (ATC), you will
be able to deliver all of the
Safety Training Awards' aquatic,
lifesaving, pool plant and first
aid qualifications from a single
ATC, which saves on costs and
reduces administration.

#### THE BENEFITS:

- Flexible delivery plan and deliver your own training courses around your needs
- Raise standards with the assurance that Safety Training Awards is a recognised Awarding organisation for OFQUAL, SQAA and QW
- Realise significant cost savings
- One line of contact in support of all your aquatic training needs and one EQA, saving time and money
- Generate additional income by opening up training courses to the local communities you serve and in turn reap the recruitment opportunities this provides.

To find out how to apply, visit https://www.safetytrainingawards.co.uk/atc/ or email zoe.cooper@sta.co.uk



"By creating our own national training framework that is powered by STA's swimming teaching qualifications, we are able to open up new career pathways and grow a quality workforce that is work ready; thus ensuring staffing demands are met," Andrew Clark, GLL's National Sport & Aquatics Manager.

#### Teignbridge .gov.uk

"Working with one recognised awarding organisation across swimming teaching, first aid, pool plant, and now lifesaving, makes the delivery of all our aquatic training needs a lot simpler to administer and manage," James Teed, Leisure Manager, and Contract Holder at Teignbridge Leisure

#### **Active Leeds**

"By working with Safety
Training Awards, we are able to
deliver and manage our own
professional swimming training
programmes internally across all
of our pool leisure sites. Being
able to control, plan and
standardise the quality of
training we can deliver across
all of our sites, in line with our
staffing needs and budgets, is
hugely beneficial," Sam Webb,
Aquatic Development Manager
at Active Leeds.

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#### www.safetytrainingawards.co.uk









